Holmer Green Senior School

Child Development and Health and Social Care

2026-27

Curriculum Intent

Child Development promotes a comprehensive understanding of child development. It seeks to equip learners with the knowledge, skills, and awareness necessary to care for and understand children's needs, from infancy through to age five. The curriculum will help learners understand the different stages of child development—physical, emotional, cognitive, and social—and how these impact children's behaviour, learning, and overall well-being.

By the end of the course pupils should

Understand the stages of child development and how they manifest in children's behavior and learning.

Confidently engage with parents, caregivers, and professionals in promoting a child's well-being.

Be prepared for further studies or careers in education, healthcare, or social work that involve children.

HGSS Curriculum Map

Year 10 Child Development

Exam Board: OCR			**Careers: Early Years Teacher, Child Psychologist, Nursery Nurse, Pediatric Nurse, Social Worker, Health Visitor**		**Co-Curricular:**		**Sequencing:**	
	Autumn 1	**Autumn 2**	**Spring 1**	**AP1**	**Spring 2**	**Summer 1**	**Summer 2**	**AP2**
Content	Health and well-being for child development	Create a safe environment and understand the nutritional needs of children from birth to five years	Create a safe environment and understand the nutritional needs of children from birth to five years	Coursework – RO58 End of Topic 1 Test	Create a safe environment and understand the nutritional needs of children from birth to five years	Health and well-being for child development	Understand the development of a child from one to five years	Mock written paper & Coursework - R058
Skills:	Factors affecting pre-conception health for women and men. The structure and function of the male and female reproductive systems Antenatal care and preparation for birth The three stages of labour.	Choose suitable equipment for a childcare setting. Factors for choice including indoor and outdoor playing	Create a safe environment in a childcare setting and why accidents happen in a childcare setting		Nutritional needs for children from 0-5 including current government dietary recommendations for healthy eating and essential nutrients and their functions. Plan and prepare a feed or a meal including ingredients and quantities	Postnatal checks for mother and baby. The developmental needs of children from birth to five years Childhood illnesses and signs and symptoms of illness in children	Physical, intellectual and social developmental norms from one to five years	

HGSS Curriculum Map

Year 11 Child Development

Exam Board: OCR			Careers: Early Years Teacher, Child Psychologist, Nursery Nurse, Pediatric Nurse, Social Worker, Health Visitor		Co-Curricular:		Sequencing:	
	Autumn 1	**Autumn 2**	**Spring 1**	**AP1**	**Spring 2**	**Summer 1**	**Summer 2**	**AP2**
Content	Understand the development of a child from birth to five years	Understand the development of a child from birth to five years	Understand the development of a child from birth to five years	Mock Written paper & coursework – RO58 & R059	Revision for Written Exam	Revision for Written Exam		
Skills:	Physical, intellectual and social developmental norms from birth to five years Benefits of learning through play	Plan different play activities for a chosen developmental area Plan a range of different play activities for a chosen developmental area	Carry out and evaluate different play activities for a chosen developmental area Introducing activities with methods of observing and recording activities					

Curriculum Intent

Health and Social Care aims to provide learners with a comprehensive understanding of health and social care systems, practices, and values. It will equip them with the theoretical knowledge, practical skills, and ethical grounding necessary to support individuals in various settings, from hospitals and care homes to community and home-based care environments.

Learners will gain insight into how health and social care services work, the roles and responsibilities of professionals, and the importance of safeguarding, confidentiality, and equality in delivering high-quality care.

By the end of the course pupils should
Understand the different stages of human development and the factors that influence health and well-being.
Be able to identify and address the needs of individuals in health and social care settings.
Be equipped with the knowledge of health and social care legislation and professional standards.
Have developed essential communication and care-related skills necessary for further education, apprenticeships, or careers in health and social care.
Be aware of the diverse career pathways available within health and social care, from nursing and social work to public health and community outreach.

HGSS Curriculum Map

Year 12 Health & Social Care

Exam Board: Pearson			**Careers: Care worker, personal assistant, social worker, supervisor, manager, occupational therapist**		**Co-Curricular:**		**Sequencing:**	
	Autumn 1	**Autumn 2**	**Spring 1**	**AP1**	**Spring 2**	**Summer 1**	**Summer 2**	**AP2**
Content	Unit 1: Human lifespan development	Unit 1: Human lifespan development	Unit 2: Human Biology and Health	Unit 1 – End of topic tests (A, B & C)	Unit 2: Human Biology and Health	Unit 2: Human Biology and Health	Unit 3: Principles of health and social care practice	Unit 2 – End of topic tests (A, B & C)
Skills:	Human growth and development through the life stages. Factors affecting human growth and development Lifestyle factors affecting human growth and development	Health inequalities Health conditions Health & Social Care provision and professionals	Organisation of the human body Body Systems (1)		Body Systems (2) Disorders of the body and the effect on the body systems.	Re cap and revision of Unit 2 in preparation for written exam	Principles, values and skills which underpin meeting the care and support needs of individuals.	

HGSS Curriculum Map

Year 13 Health & Social Care

Exam Board: Pearson			Careers: Care worker, personal assistant, social worker, supervisor, manager, occupational therapist		Co-Curricular:		Sequencing:	
	Autumn 1	**Autumn 2**	**Spring 1**	**AP1**	**Spring 2**	**Summer 1**	**Summer 2**	**AP2**
Content	Unit 3: Principles of health and social care practice	Unit 3: Principles of health and social care practice	Unit 7: Health Science	Coursework – Unit 3 & Unit 1 & 2 Exam grades	Unit 7: Health Science	Unit 7: Health Science		
Skills:	How organisations, legislation and guidance inform practice in health and social care	How social determinants affects the heath status of individuals and the importance of equality, diversity and inclusion in practice	Concepts of microbiology relevant to health science		Role of microorganisms in human health and disease	Factors that influence the development of diseases and infections		