

Transition Work for BTEC Sport

In preparation for next years BTEC Sport course, I have attached a number of resources:

- BTEC Sport course overview
- Mini tests for Skeletal System, Muscular System, Respiratory System and Cardiovascular System all from unit 1
- A full example of the Unit 1 - Anatomy and Physiology exam with mark scheme

The course text book you require is Pearson BTEC National Sport, Student book 1 (ISBN 978-1-292-13400-0).

Units 1 and 2 are completed in year 12, with exams at the end of the year. Units 3 and 5 are coursework based units completed in year 13.

For now please read all four of these units and start learning and understanding unit 1 as this will be first taught in year 12. Use the mini topic tests attached to test your understanding (Please do not attempt the Energy Systems in unit 1, I will need to teach you this as this will be new concept) and the full unit 1 test to understand the format of the test. Unit 1 content will be familiar to all GCSE PE students.