

BTEC SPORT

Year 12

UNIT 1 – Anatomy and Physiology (33%)

(1 hr 30 min exam at the end of year 1)

UNIT 2 - Fitness Training and Programming for Health, Sport and Well-being (33%)

(4 hr open book preparation from pre-release, followed by a 2 hr 30 min exam two weeks later)

Year 13

UNIT 3 – Professional Development in the Sports Industry (17%)

(Coursework based module)

UNIT 5 – Application of Fitness Testing (17%)

(Coursework based module)