

AAQ BTEC Health and Social Care

Summer transition work – there are 5 tasks that need to be completed over the summer and brought to the first lesson in September. You should spend approximately 6 hours completing the work, which can be divided however you like, but could be just 1 hour per week of the summer holidays.

Task 1

Unit 1 – Human Lifespan Development: Interview with an elderly person (aged 60+)

Ask a person you know if you can interview them. Produce a set of questions to include finding out about:

- Summary of their life so far
- Health, conditions and treatments received (professionals they have worked with, e.g. physiotherapist)
- Genetic conditions or inheritance (have they followed their parents?)
- Relationships and family (marriages, children, friendships)
- Life choices (exercise, alcohol, smoking etc)
- Education and career path

Think about how you are going to record all the information, notes or record a video on your phone and write up the results

Produce a write up of the full interview

Task 2

Unit 2 – Human Biology and Health: The heart

Draw a diagram or make a model of the heart. You need to include labels of:

- All chambers
- All valves
- Direction of blood flow through the heart
- Which parts contain oxygenated or deoxygenated blood

Task 3

Research Health and Social Care terms or jobs for each letter of the alphabet



A
B
C
D
E
F
G
H
I
J
K
L
M

— N
O
P
Q
R
S
T
U
V
W
X
Y
Z

Task 4

Unit 3 – Principles of Health and Social Care Practice

Watch a relevant documentary, suggestions are below, and produce a written report (half a side of A4 minimum) considering the following:

- What health condition is being discussed in the documentary?
- What issues are being raised regarding this condition?
- Who are the health professionals involved in the documentary?
- Explain if you think the topic and issues raised are helpful to your learning and why

This list is not exhaustive, there may be other questions/ideas you wish to consider and add to your piece of writing

Rhod Gilberts Work Experience – Care worker



Inside Our Minds



Stacey Dooley 9-5 Care home



Natalie Cassidy Caring Together



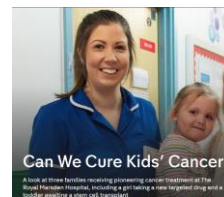
24 Hours in A & E



Born to be Different



The Royal Marsden



Losing it: Our Mental Health



Barbara, The Whole Story



BBC Mental, A History of the Madness



You're Not Alone - Documentary on Mental health



BBC iPlayer

All 4

You Tube

Task 5

Unit 1 – Human Lifespan Development: Lifestyle Factors

Research the government recommendations for the below lifestyle factors and present your findings in a poster or leaflet

- Alcohol units
- Exercise
- Hydration
- Nutritional diet
- Sleep
- Smoking
- Prescription and illegal drugs