

Holmer Green Senior School

# PSHCE – KS3

2025-26



# Curriculum Intent

Work Hard, Be Kind, Have Passion

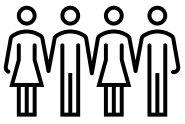
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At HGSS, we develop our students both academically and personally. At KS3, our students will have PSHCE (Personal, Social, Health, Citizenship and Economic Education) lessons for Terms 1 and 2, meeting statutory requirements. They will then switch to Computing for Term 3, meeting statutory requirements, whilst also preparing students for the Computing GCSE should they opt for this in Year 10. They will be assessed in PSHCE for AP1 and Computing for AP2.

Our KS4 students have one PSHCE lesson in their week and a rotation in Year 11 which develops careers, exam preparation and revision skills and computing.

# HGSS Curriculum Map

## Year 7 PSHCE:



Exam Board: N/A		Careers:			Co-Curricular:			
	Autumn 1	Autumn 2	Spring 1	AP1	Spring 2	Summer 1	Summer 2	AP2
<b>Area of study</b>	Health and Well-Being:	Citizenship:	Wider World:	PSHCE Assessment based on learning from Autumn term.	Keeping Safe:	Computing	Computing	Computing Assessment
<b>Content:</b>	<ul style="list-style-type: none"> <li>Dealing with Change</li> <li>Puberty</li> <li>Healthy Eating</li> <li>Emotional Health</li> <li>Healthy Active Lifestyle</li> <li>Introduction to Mental Health</li> </ul>	<ul style="list-style-type: none"> <li>Systems of government</li> <li>Create a country</li> <li>Anarchy</li> <li>Dictatorship</li> <li>Revolution</li> <li>Democracy</li> </ul>	<ul style="list-style-type: none"> <li>Careers and Aspirations</li> <li>'Unifrog' Careers platform</li> <li>Money and Careers Project</li> </ul>		<ul style="list-style-type: none"> <li>Family</li> <li>Online Gaming</li> <li>Grooming</li> <li>Sexting</li> <li>Bullying and Cyberbullying</li> <li>Sexual and Gender Orientations</li> </ul>	See Computing curriculum map	See Computing curriculum map	

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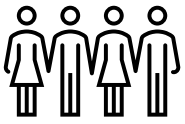
## Year 8 PSHCE:



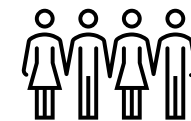
Exam Board: N/A		Careers:			Co-Curricular:			
	Autumn 1	Autumn 2	Spring 1	AP1	Spring 2	Summer 1	Summer 2	AP2
<b>Area of study</b>	Health and Wellbeing:	Citizenship:	Wider World:	PSHCE Assessment based on content learned so far.	Sex and Relationships:	Computing	Computing	Computing Assessment
<b>Content</b>	<ul style="list-style-type: none"> <li>• Self-Confidence.</li> <li>• Managing Anxiety</li> <li>• Body Image.</li> <li>• Eating Disorders.</li> <li>• Healthy Active Lifestyle</li> <li>• Puberty</li> </ul>	<ul style="list-style-type: none"> <li>• UK Government</li> <li>• Making Laws</li> <li>• The Monarchy</li> <li>• Political Parties project and presentations</li> </ul>	<ul style="list-style-type: none"> <li>• The Media</li> <li>• British Values</li> <li>• Equality and discrimination</li> <li>• Refugees</li> </ul>		<ul style="list-style-type: none"> <li>• Healthy Relationships.</li> <li>• Negative Relationships.</li> <li>• Gender Stereotypes.</li> <li>• Sex and relationships</li> <li>• Safer Sex</li> </ul>	See Computing curriculum map	See Computing curriculum map	

# HGSS Curriculum Map

## Year 9 PSHCE:



Exam Board: N/A		Careers:			Co-Curricular:			
	Autumn 1	Autumn 2	Spring 1	AP1	Spring 2	Summer 1	Summer 2	AP2
<b>Area of study</b>	Health and Wellbeing:	Citizenship:	Wider World:	PSHCE Assessment based on content learned so far.	Sex and Relationships:	Computing	Computing	Computing Assessment
<b>Content</b>	<ul style="list-style-type: none"> <li>Mental Health</li> <li>Digital Resilience</li> <li>Alcohol</li> <li>Substance Abuse</li> <li>Smoking and vaping</li> <li>Knife Free</li> </ul>	<ul style="list-style-type: none"> <li>The Law</li> <li>Sentencing</li> <li>Prisons</li> <li>Young people and the justice system</li> <li>Gangs</li> </ul>	<ul style="list-style-type: none"> <li>Careers</li> <li>Interview Skills</li> <li>Social Influencers</li> <li>Gender Stereotypes</li> </ul>		<ul style="list-style-type: none"> <li>Consent</li> <li>Sharing Sexual Images</li> <li>Pornography</li> <li>FGM</li> <li>Forced Marriage</li> </ul>	Computing	Computing	



Exam Board: N/A		Careers:			Co-Curricular:			
	Autumn 1	Autumn 2	Spring 1	AP1	Spring 2	Summer 1	Summer 2	AP2
<b>Area of study</b>	Area of Study: ENGLISH Or MATHS/ Exam Prep 1?	Computing: Online safety	Careers: Career paths, post- 16 and creating a CV	Non- Assessed Subject	Exam Prep 2	Study session	N/A	Non-Assessed Subject
<b>Content</b>	ENGLISH- revision for GCSE English Language.  MATHS- Purposeful practise of basic GCSE Skills. Ratio and percentages, and graphs.	Safety concerns and reflection of online activity. Online reputation. Big Data. Data Analytics. Legal rights to privacy within the UK. The value of online data. Disinformation spread online and fake news. UK laws governing online content.	Unifrog: exploring career and subject paths and considering suitability and personal skills  Post-16 options: researching A Levels, vocational courses and apprenticeships  Creating a CV and personal statement			Traditional and modern team working. Technology tools. Effective online communication. Essential skills for the modern workplace. Cloud computing. Ad hoc networks. Impact of mental and physical well-being on individuals. Creating a positive working environment		